



## **BENUE STATE HEALTH INSURANCE AGENCY**

**...accessible and affordable healthcare for all**



### **BASIC MINIMUM PACKAGE OF HEALTHCARE SERVICES (BMPHS)**

Downloaded from <https://www.bnshia.be.gov.ng>

Contacts:

[infodesk@bnshia.be.gov.ng](mailto:infodesk@bnshia.be.gov.ng)

09062547094

## **PRIMARY LEVEL CARE**

**1. General Consultation** with prescribed drugs from accredited PHC facilities

### **2. Health Education and Disease Prevention**

- i. Family planning education (use of safe period, pills, condoms, etc.)
- ii. Dental health
- iii. HIV, AIDS, Tuberculosis, Malaria
- iv. Immunization
- v. Vitamin A Supplementation
- vi. Essential Nutrients, especially for children and pregnant women
- vii. Basic Hygiene and Sanitation (personal, domestic, food and environmental)

### **3. Surgery**

- i. Minor surgical procedures:
  - Incision and drainage
  - Laceration suturing
  - Minor burns
  - Simple abrasions
- ii. Minor wound debridement
- iii. Infant circumcision
- iv. Impacted faeces
- v. Urinary retention

### **4. Primary eye care:**

- Basic examination and visual acuity
- Conjunctivitis
- Parasitic and allergic ailments
- Simple contusion, abrasions, etc.

### **5. Pediatrics**

- i. Child Welfare Services:
  - Growth monitoring
  - Routine immunization (as defined by the NPHCDA)
  - Vitamin A supplementation
  - Nutritional advice
  - Health education, etc.
- ii. Uncomplicated malnutrition
- iii. Helminthiasis
- iv. Common childhood illnesses:
  - Malaria
  - Diarrhoeal disease
  - Schistosomiasis
  - Upper respiratory tract infections and
  - Uncomplicated pneumonia
- v. Uncomplicated urinary tract infections (UTIs)
- vi. Simple otitis media, pharyngitis
- vii. Childhood exanthemas, simple skin diseases and infestations, viral illnesses (i.e.mumps), etc.
- viii. Anaemia, not requiring blood transfusion

### **6. Internal Medicine (Adult)**

- i. Scheduled routine basic medical examination
- ii. Simple infections and infestations

- Malaria
- Upper respiratory tract infections
- Urinary tract infections
- Gastroenteritis
- Primary ear, nose, and throat infections
- Diarrhoeal diseases
- Enteritis and typhoid fever
- Schistosomiasis
- Helminthiasis
- Skin infections and infestations (i.e. chicken pox) and fungal diseases (i.e. tinea versicolor, Malassezia furfur, tinea capitis, etc.)
  - Bites and stings (snakes, scorpions, bees, spiders, etc.) first aid and emergency management, not including antivenom serum
- iii. Management of simple anaemia (not requiring blood transfusion)
- iv. Routine screening and referral for diabetes mellitus, hypertension, and other chronic diseases
- v. Simple arthritis and other minor musculoskeletal diseases routine treatment
- vi. Sickle cell disease (SCD) routine management
- vii. Allergies

## **7. HIV/AIDS and Sexual Transmitted Diseases**

- i. Voluntary Counselling and Testing (VCT)

## **8. Mental Health Management**

- i. Anxiety neurosis counselling and referral
- ii. Psychosomatic illnesses
- iii. Insomnia
- iv. Drug abuse identification

## **9. Maternal, Neonatal and Child Health (MNCH) Services**

- i. Antenatal care
  - Routine antenatal clinic
  - Routine drugs for the duration of pregnancy
  - Routine urine and blood tests
  - Referral services for complicated cases
- ii. Postnatal services
  - Eligible live births up to 6 weeks from date of birth (cord care, eye care, simple neonatal infections)
- iii. Delivery services
  - Spontaneous vaginal delivery by skilled attendant, including repair of birth injuries and episiotomy
  - Essential drugs for Emergency Obstetric care (EmOC)

## **10. First Aid and Emergency Services**

- i. Airway assessment and use of airway adjuncts
- ii. Basic airway aspiration and clearance
- iii. Breathing assessment and use of simple equipment to aid and monitor breathing (i.e. ambu-bag)
- iv. Pulse oximetry
- v. Bleeding control using compression dressing
- vi. Hemodynamic stability assessment
- vii. Intravenous (IV) line
- viii. Fluid resuscitation

- ix. Basic cardiopulmonary resuscitation
- x. Unconscious patient assessment and basic management
- xi. Small laceration suturing (where resuscitation is not required)
- xii. Fracture and cervical spine immobilization

### **11. Basic Laboratory Investigation**

- i. Malaria Parasite
- ii. Urinalysis
- iii. HB/PCV
- iv. Stool microscopy
- v. Urine microscopy
- vi. Pregnancy Test
- vii. Blood Glucose Test
- viii. Sputum for AFB

- Essential drugs for Emergency Obstetric care (EmOC)

### **SECONDARY LEVEL CARE**

1. Consultation with prescribed drugs from accredited Secondary Health Care facilities
2. Emergencies occurring outside the usual residence or accredited health care provider
3. Hospital Admission:
  - i. Medical admission: 15 days maximum, cumulative per year
  - ii. Surgical admission: 20 days maximum, cumulative per year
4. Treatment and procedures included in the BMPHS that cannot be handled at primary level

### **5. Surgery**

- i. Major lacerations
- ii. Sprains and undisplaced fractures
- iii. Appendectomy
- iv. Herniorrhaphy
- v. Hydrocelectomy
- vi. Testicular Torsion
- vii. Excision of lipoma, atheroma, etc.

### **6. Paediatrics**

- i. Severe malnutrition
- ii. Severe infections and infestations:
  - Severe malaria
  - Diarrhoeal disease with moderate to severe dehydration
  - Upper respiratory tract infections
  - Severe pneumonia
  - Enteric fever
  - Septicaemia
  - Meningitis
  - Severe measles
- iii. Severe urinary tract infections
- iv. Severe anaemia requiring blood transfusion
- v. Childhood non-communicable diseases
- vi. Neonatal infections (i.e. neonatal sepsis)
- vii. Neonatal conditions:
  - Birth asphyxia
  - Neonatal jaundice

- Child from diabetic mothers

## **7. Internal Medicine (Adult)**

- i. Moderate to severe infections and infestations
  - Severe malaria
  - Meningitis, septicaemia
  - Complicated respiratory tract infections
  - Complicated typhoid fever
  - Tuberculosis
  - Bites and stings (snakes, scorpions, bees, spiders etc.) emergency management, including antivenom serum
- ii. Non-communicable diseases
  - Diabetes and hypertension
  - Severe musculoskeletal conditions
  - Sickle cell disease crisis
  - Cardiovascular conditions, renal diseases (i.e. nephritis, nephrotic syndrome), liver diseases (i.e. hepatitis, amoebic liver abscess)
- iii. Severe anaemia

## **8. HIV/AIDS**

- i. Opportunistic infections as defined in the HIV Treatment Protocol

## **9. Obstetrics and Gynaecology**

- i. Basic and Comprehensive Emergency Obstetric Care
  - Preterm and pre-labour Rupture of Membrane (P/PROM)
  - Hypertensive diseases
  - Bleeding
  - Postpartum haemorrhage
  - Eclampsia
  - Caesarean section
  - Operative management for ectopic gestation
  - Intra-uterine foetal death
  - Puerperal sepsis
  - Instrumental delivery
  - High risk delivery (1<sup>st</sup> delivery, after the 4<sup>th</sup> delivery, multiple delivery, malpositioning and mal-presentation, any other complications)
- ii. Gynaecological Intervention
  - Hysterectomy for ruptured uterus, uncontrollable postpartum haemorrhage proclidentia etc.

## **10. Laboratory Investigation**

- i. Genotype
- ii. Lumbar puncture
- iii. Urea, electrolyte, creatinine
- iv. Liver Function Test
- v. Ketone bodies
- vi. Microscopy, culture, sensitivity (urine, blood, stool, sputum, wound, urethral, ear, eye, throat, aspirate, cerebrovascular spinal fluid, endoscopy cervical swab, high vaginal swab)
- vii. Occult blood in stool
- viii. Skin snip for microfilaria
- ix. Acid fast bacillus for Tuberculous Bacillus (blood)
- x. Gram stain

- xi. Mantoux test
- xii. Blood groupings, cross matching
- xiii. Hepatitis B surface antibody screening
- xiv. Confirmatory test for HIV
- xv. Full Blood Count
- xvi. Platelets, reticulocyte count
- xvii. Platelets concentration
- xviii. Blood transfusion services, up to 3 pints of safe whole blood or blood products
- xix. Radiology (X-ray of chest, abdomen, skull, and extremities, dental)
- xx. Abdominopelvic and obstetric scan

## **11. Physiotherapy**

- i. Post-traumatic rehabilitation
- ii. Palsy within 15 days of initial treatment, maximum of 5 sessions
- iii. Post-cerebrovascular accident therapy within 15 days, maximum of 5 sessions